

## Mounted Skills C-1 Traditional (Eventing)

**RIDING EXPECTATIONS:** Candidate should ride with confidence and control demonstrating a secure base of support, a basic balanced position, and use of natural aids. The candidate should begin riding mount freely forward in balance and rhythm while developing a light contact.

The C-1 check-list is a valuable tool to evaluate a member's readiness to test. It is recommended that this check-list be used to evaluate a candidate no earlier than 90 days prior to the certification. The evaluator should sign the "Signature" block when a candidate satisfactorily performs the necessary skills while demonstrating both horse management and riding expectations for the standard without instruction/coaching. If the member is not able to demonstrate the standard, the evaluator should provide detailed comments on what improvements the candidate needs to make in order to demonstrate the standard. An evaluator must be able to give an impartial evaluation of the candidate's proficiency at the standard. The "D-1 through C-2 Examiner's Handbook" and the last page of the "Standards of Proficiency" outlines the qualities of an examiner that is appropriate to use.

Signature  
&  
Date

### Riding on the Flat

- Ride on the flat consistently demonstrating Riding Expectations at all gaits.
- Demonstrate suppling exercises for rider without stirrups at walk.
- Demonstrate mount's warm-up routine for everyday work.
- Discuss candidate's warm-up for both rider and mount with examiner using terms and understanding of the Training Scale.
- Perform figure eights with simple transitions at each gait and demonstrating correct bend.
- Ride without stirrups at the sitting trot.
- Demonstrate long rein, loose rein and light contact at walk.
- Discuss aids for and then demonstrate a turn on the forehand.
- Demonstrate a halt followed by a simple rein back (1-2 steps).
- Ride USEF Beginner Novice Test A.
- Discuss performance with Examiner, including the following: the rider's basic balanced position, whether or not mount was moving freely forward in balance, rhythm, tempo, and whether rider established a light contact

Evaluator's Comments:

### Riding Over Fences

- Ride over fences using Riding Expectations.
- Ride over small gymnastic grid of three fences finishing with an ascending oxer set at, but not exceed, 2'9" set at appropriate distances for mount's stride.
- Ride over jump course of 6-8 obstacles; include a two-stride combination set at an appropriate distance for mount's stride. The majority of fences should be set at, but not exceed, 2'9".
- Discuss performance with Examiner, including rhythm, tempo and balance and ways ride could be improved

Evaluator's Comments:

### Riding in the Open

- Ride safely with control in a group, on a suitable mount, at the walk, trot, and canter over varied terrain.
- C-1 speed should not exceed 325 meters per minute to 350 meters per minute. Discuss and demonstrate riding safely over varied terrain, incorporating as many of the following elements as local conditions allow: hills, small/shallow ditches, low banks, flat open areas and shallow streams, as available.
- Ride over five to seven cross-country obstacles at appropriate speed (240-350 meters per minute). The majority of fences should be set at, 2'6" – 2'9" but not to exceed, 2'9".
- Discuss performance with Examiner, giving reasons for any disobediences.

Evaluator's Comments: